

Hoods Woods Volume 21 Gear list

This is a basic gear list. You should modify it for the environment you will be in. The items here are suggested for mountain backpacking and hiking. If you intend to use this list for desert hiking clearly you should change the appropriate items and increase the amount of water you carry. In volume 2 of the camping series we will discuss more of this list in detail. You will likely find more things to add.

MAIN GEAR:

- 30 - 50 Ft. Nylon cord (Parachute cord, #550, multi 7 or 9 strand core or equivalent)
- Backpack (Internal frame or External frame)
- Candles (1 Pink Lady)
- Fire starter kit: cotton balls, 0000 steel wool, sparking tool in film cans, lighter..
- Fishing line (8# Mono leader line on small flat plastic disk)
- Flashlight (small 2 AA cell size. LED type)
- Food pack; (See list. Put your food in a stuff sack sturdy enough to hang in a tree)
- Map/GPS
- Mini Kit parts and pieces
- Plastic sheet (10 foot by 10 foot. 4 mil clear plastic) or Tarp (or tent)
- Sleeping bag (Synthetic fill stays warm when wet)
- Sleeping Pad (Closed cell foam or self-inflating)
- Poncho
- Sleeping tarp or body bag or bivy bag
- Space rescue blanket (@ 3oz)
- Trash bags (4 heavy duty. The 2-3 mil "contractor" type is best)
- 1 Locking carabiner ("D" or oval)
- 9 feet of 1 inch tubular webbing
- toilet paper, wet wipes
- Canteen (wide mouth. Nalgene plastic or SS is good) with belt carrier
- Cooking can (1 pound coffee can and one strong coat hanger) or cook set
- Cup for drinking
- Folding knife (Swiss Army esp. Rucksack and Adventurer models with a saw or mul- tool)
- Knife (a GOOD quality fixed blade hunter. 6" blade or larger is good for chopping)
- Notebook (Steno notebook. Pack it in a heavy duty 1-G ZipLoc with your pencils)
- Pencils
- Permits & Licenses (If needed)
 - Hunting License (& Regulations)
 - Fishing License (& Regulations)
- Purification tabs/crystals
- Small, clean, cotton bag with draw string (large enough to hold one golf ball—Coffee bag)
- Sunglasses
- Whistle

Optional

- *- Compass (Silva type 15 or Suunto Liquid filled)
- *- Camera, spare Batts. For camera
- *- Film/spare memory stick
- *- Thermometer
- *- Bear Spray
- *- Walkie Talkies

Medical Kit: (*add what you need. Use a zip loc bag.*)

Include a note with your name, address, phone and name of a person to contact in case of an emergency. Include information regarding your special needs or sensitivities i.e. allergies, medical needs and anything you think we might need to know in case of an emergency. Put the notes on TOP of your med bag inside a zip loc bag. Mark your med bag with a permanent marker.

- Antibiotic cream (Tritop etc.)
- Aspirin/ Alka Seltzer
- First Aid Kit w/ 4" ace bandage, Band-Aids, etc.)
- Glasses
- Insect repellent
- Laxative
- Lip Lube (Chap Stick or Lip Balm w/spf 15)
- Moleskin (2 Pkgs. min.)
- Poop chute degreaser (Immodium A-D)
- Preparation H (for your Charmin adapted butt)
- Scrip medications
- Sm. bottle meat tenderizer (@ 1 gram)
- Sunscreen (SPF 15 or better)
- Vitamins
- Feminine Hygiene needs

CLOTHES:

- Bandanna
- Belt
- uninsulated parka
- Boots
- Gloves or fingerless workout gloves (Leather)
- Hat (Brimmed for sun protection)
- Heavy hiking socks (2 Pair)
- Long john top/ sweater or heavy wool shirt
- Long John bottoms
- Long sleeve shirt (light weight)
- Long pants (BDU's or wool, no Jeans)
- Shirt (light weight long sleeve)
- Underpants/swimsuit (Pick one)
- Spare shoes (flops/tennis/sandals (Pick one))
- Undershirt (Short sleeve/cotton)

Food:

Your choice! Choose wisely....